

The logo for UKATA is located in the top right corner. It consists of several overlapping, curved shapes in shades of blue and white, forming a stylized, abstract design.

UKATA

Annual General Meeting

Friday 24th April 2026

Sally Trevaskis, Chair of Board of Trustees (Council)

Agenda

1: Welcome

2: Approval of the minutes of the UKATA AGM on Friday 11th April 2025

3: Chair's Report

4: Treasurers' Report

5: Re-appointment of the Independent Accountants and Auditors

6: Election of Members to Council

7: UKATA Looking Forward – Kerryn Bell (UKATA Managing Director)

8: 'The future Regulation of Counselling and Psychotherapy in the UK' Jon Levett UKCP
CEO

9: AOB

Meeting close at 7.00pm



UKATA AGM on Friday 11th April 2025

- Draft Minutes for AGM held on Friday 11th April 2025
- Verbatim feedback from the discussion session
- Vote (show of hands)

Minutes for the AGM held on Friday 11th April 2025 were approved by a majority vote.





Chairs' Report

Sally Trevaskis, Chair of the Board of Trustees (Council)

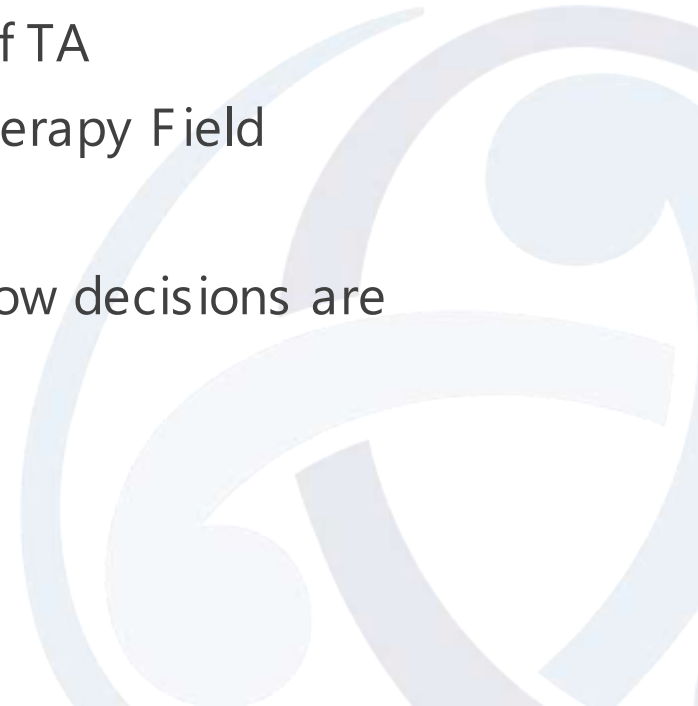
Looking Back 2025

- Created a new role - UKATA Managing Director
- Undertook a thorough recruitment process – Kerry Bell joined November 2025
- Sally Trevaskis covered the role for eight months – used to clarify operational challenges
- Updated the website, revised the UKATA logo, appointed ICT support
- Partnered with the TA Podcast
- Appointed a new TA Magazine Editor - Katy Jones
- With Beren Aldridge (TASC) prepared for our successful UKCP OMR in November 2025
- Undertook a Grievance Investigation and prepared for an Employment Tribunal 2026 which was dismissed March 2026



We are here

- Undergoing an organisational transformation
- A fundamental change in how UKATA operates and delivers value to stakeholders
- Trustees developing a shared vision of success with Kerryn Bell (UKATA MD)
- Our ethos – welcoming all practitioners from all fields and schools of TA
- Whilst recognising that most of our members are from the Psychotherapy Field
- Providing a 'safe container' for members, volunteers and RTEs
- Greater clarity on objectives and goals; roles and responsibilities; how decisions are made
- Deliver a clear, sustainable and measurable impact for members
- Clarify our relationship with EATA and the ITAA



Succession planning

- New Trustees are required
- We are looking for CTA and above members
- Organisational, Counselling and Educational members
- Exciting time to join the Board
- Please come and speak to me during the conference





Treasurers' Report

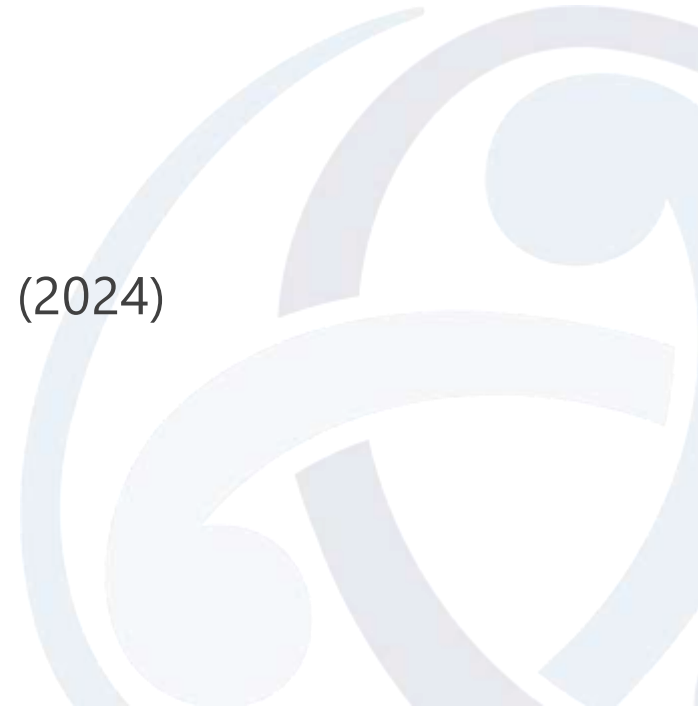
Sally Trevaskis, Chair of the Board of Trustees (Council)

Financial highlights

- Overall income has decreased and costs have increased which was expected
- Income £285,696 (2025) down from £296,661 (2024)
- Net surplus income of £6,004k (2025) from £25,276k (2024)
- Ran without an Operations Manager for 7 months (saving approx. £22,750)
- Overall cost of ET £40,437 (HR £5,795 and Solicitors £34,642) split between 2025/2026
- Annual bursary award increased to £7,500 (from £5,500 in 2024)
- Conference bursary award of £3,600 for 2nd year increased from 10 to 12 tickets for 2026
- Carried forward reserves of £292,665 (2025) from £286,661 (2024)

UKATA Reserve Policy

- Overall unrestricted reserve of £292,665 (2025)
- Organisations hold reserves for financial security, future projects, unexpected costs
- ***Freeze member and RTE fees for a fourth year***
- This year we will start using the reserves for improvement projects
- Emergency Operating Fund remains £90,000 (increased in 2024)
- Legal Advice Reserve of remains at £50,000
- General Fund Reserve increased to £152,665 (2025) from £146,661 (2024)
- Develop a Reserve Policy and Investment Strategy



Financial priorities for 2026/2027

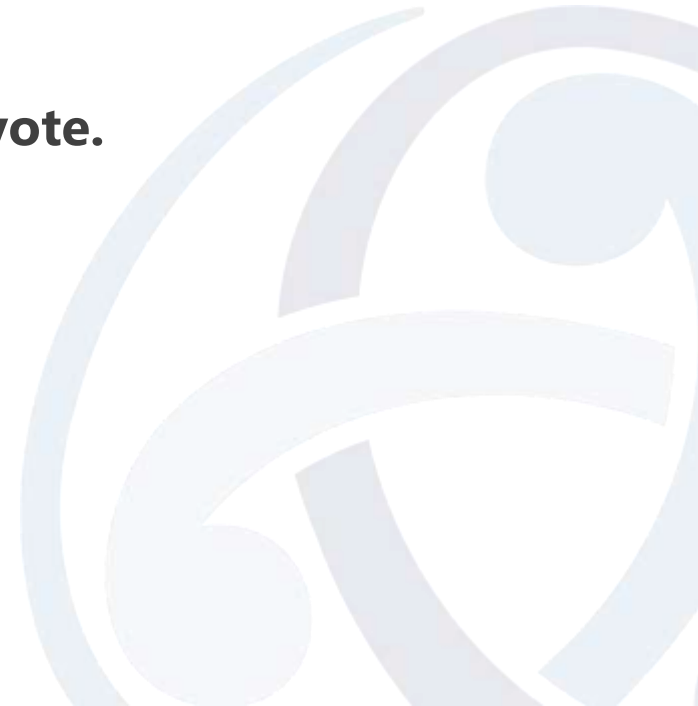
- Improved budget setting and management
- Improved financial reporting
- Development of clear financial protocols
- Fully resolve the account signatory details
- Membership levels review – including introducing an Organisational Membership
- Volunteer Payments - Honorarium Review
- Resourcing Review



Annual Financial Statements for 2025

- Questions
- To accept the Draft Annual Financial Statements for 2025
- Vote (show of hands)

Draft Financial Statements for 2025 were approved by a majority vote.



Reappointment of Independent Accountants/Auditors

- To reappoint Swindells LLP Chartered Accountants
- Good working relationship, responsive and knowledgeable
- At a time of change we need some consistency to manage the budget and reserves
- Support their reinstatement for another year
- Vote (show of hands)

Swindells LLP Chartered Accountants were approved as independent Accountants and Auditors by a majority vote.





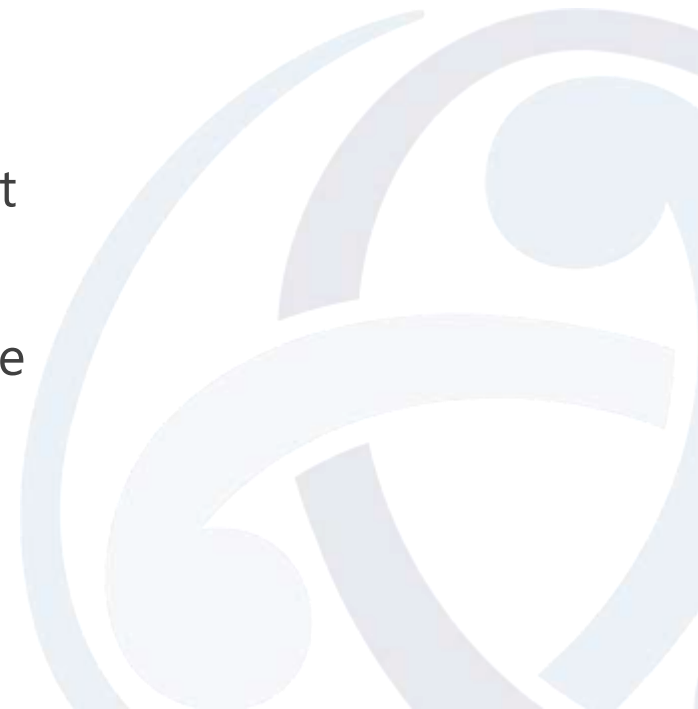
Election of Members to Council

Sally Trevaskis, Chair of the Board of Trustees (Council)

Trustee resignation and proposed re-election

- Katy Jones (Trustee) is resigning on rotation and is seeking re-election
- Katy has been appointed through an advertised process to the role of TA Magazine Editor
- Role of TA Magazine Editor carries an honorarium
- This means a Trustee is receiving a payment within UKATA
- The Trustee Board have considered the potential conflicts of interest
- We believe the conflicts can be effectively managed
- We believe that UKATA benefits with Katy continuing to be a Trustee
- All payments will be identified in subsequent Financial Statements
- Katy is working to an agreed contract to produce the magazine

Katy Jones re-elected as Trustee by a majority vote.



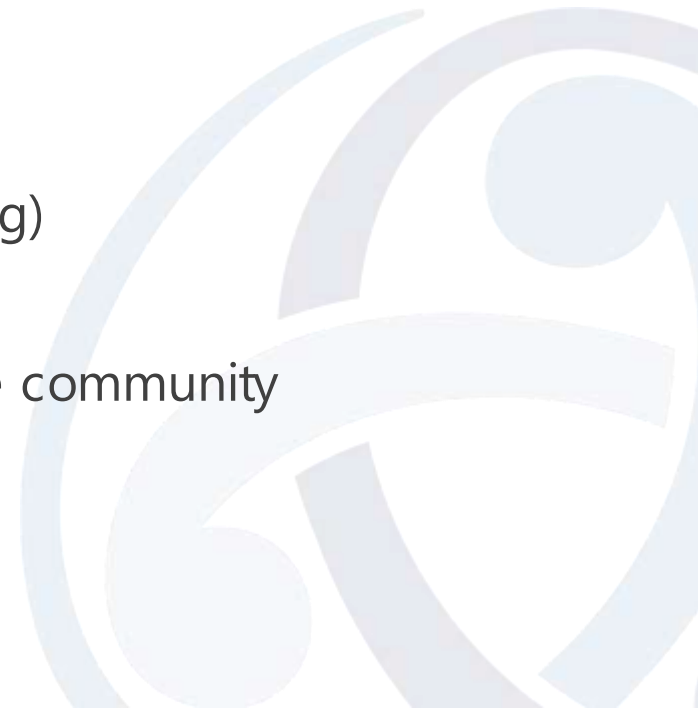


Managing Director's Report


Sally Trevaskis, Chair of the Board of Trustees (Council) on behalf
of Kerryn Bell UKATA Managing Director

Our priorities

- Member communications
- IT and digital infrastructure
- The TA Magazine
- Increased visibility and understanding of UKATA for members
- Committee and volunteer support, and partner relationships
- Improved governance (policies, procedures, processes and reporting)
- Tightening financial management
- Building trust and confidence within the organisation and across the community



What we have done

- Evaluated and chosen a new membership management system – work starts mid May
 - Started a website redesign
 - Refreshed the TA Magazine
 - Changed domain name, updated website name and email addresses
 - Moved to Microsoft Office, comprehensive filing system, establishing working procedures
 - Developed a short-term strategy for email, newsletter and social media communications
 - Increased office support for TASC and the RTE network
 - Reviewed existing member feedback
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What you have told us

- More community, connection and belonging
- Clearer information, structure and greater transparency
- Better functioning website and directory
- Better recognition of professional identity and availability of tools and resources
- Raising the profile of TA



Looking forward 2026

- New membership management system (CRM)
- Website redesign (better practitioner directory and a member portal)
- Review of membership categories in time for renewal
- Working with members to build an intentional longer-term strategy
- Improved member communications (a longer-term strategy)
- Another partnership year for the TA Podcast
- Increased presence at other TA Conferences
- Improved representation of the 4 Fields
- Regular and effective member consultation



How you can help

- Let us know if the general direction feels right
- Tell us what is and isn't working
- Get involved
 - strategy workshop on Sunday at conference
 - Volunteer with UKATA
 - magazine contributions



Generosity
Committees

UKATA Team
MD

Volunteers

Trustees

Council Appreciation

Thankyou

Thanks

Kindly

Members

A vibrant graphic featuring the words 'Volunteers', 'Thankyou', and 'Members' in a large, blue, cursive font. The word 'Thankyou' is repeated twice. The text is surrounded by decorative elements including blue and green hearts, stars, and swooshes. The background is white with a light blue circular graphic on the right side.